



THE DUKE  
OF EDINBURGH'S  
AWARD



Princethorpe  
College

[www.dofe.org](http://www.dofe.org)

‘This programme provides a wonderful opportunity for personal achievement. The object is to provide an introduction to worthwhile leisure activities and voluntary service; as a challenge to the individual to discover the satisfaction of achievement. I hope that all who take part in this programme will find an added purpose and pleasure in their lives.’

**HRH The Duke of Edinburgh**



The Duke of Edinburgh's Award scheme provides a fantastic opportunity for young people to develop a wide range of skills and interests. It allows young people the independence to develop their own programme and gives them the chance to commit to a challenge.

I look forward to helping your child to achieve their Award. I hope you find this booklet useful, please do not hesitate to contact me if you have any further questions.

**Will Bower**  
**Head of Outdoor Education**  
**DofE Manager**

# Eligibility Criteria

Award Stage	Age Requirement
Bronze	Year 9
Silver	Year 10
Gold	16 years old (must be in the Sixth Form)

# Bronze

Bronze	6 Months
Physical	3 months
Volunteering	3 months
Skills	3 months
Expedition	2 days 1 night
<b>An additional 3 months must be completed for one of the activities.</b>	

# Silver

Silver	6 Months	12 Months (Direct Entry)
Physical	6 months	
Volunteering	6 months	
Skills	3 months (This can be changed with physical)	
Expedition	3 days 2 nights	

# Gold

Gold	12 Months	18 Months (Direct Entry)
Physical	12 months	
Volunteering	12 months	
Skills	6 months (This can be changed with physical)	
Expedition	4 days 3 nights	
Residential	5 days 4 nights	

## Direct Entry Students

An extra 6 months volunteering or in the activity with more time spent on it

# The Basics

- Each student will receive a 'Welcome Pack'
- Personal edofe account
- Must attend all dates
- Regular drop in computer sessions will be run to help progress
- Meetings with DofE Staff will be held to facilitate completion
- On completion receive a certificate and badge  
(for Gold invited to St. James's Palace for a presentation)

# Example

## Physical

- Individual sports –Orienteering, Golf, Horse Riding, Running, Archery
- Water sports – Kayaking, Sailing, Swimming, Knee boarding, Rowing
- Fitness – Cheerleading, Gym work, Walking, Gymnastics, Yoga
- Dance – Ballet, Salsa, Belly dancing, Street dance, Tap
- Team sports – Rugby, Football, Netball, Rounders, Hockey
- Racquet sports – Badminton, Tennis, Squash, Table tennis,
- Extreme Sports—Ice Skating, Mountain biking, Climbing, Skateboarding
- Martial Arts—Aikido, Judo, Tae Kwon Do, Ju Jitsu, Tai Chi

## Volunteering

- Helping people –children, elderly, people in need, youth work
- Community action & raising awareness – cyber safety, peer education, personal safety, campaigning
- Working with the environment or animals– Litter picking, Urban conservation, Animal welfare, Preserving waterways
- Coaching, teaching and leadership—Sports leader, music tutor, leading a voluntary organised group—Girl Guiding UK, St John Ambulance, Sea Cadets
- Helping a charity—Event management, Fundraising, Administration, Being a charity intern, Being a volunteer lifeguard

# Activities

## Skills

- Performance arts—Singing, Circus skills, Magic, Dance appreciation
- Science & technology—IT, Rocket making, Electronics, Astronomy, Web design
- Care of animals—Horse/Llama handling, Dog training and handling, Keeping a pet
- Music—Church bell ringing, DJing, Composing, Playing in a band, Understanding music in relation to history and culture
- Natural World—Forestry, Gardening, Plant growing, Vegetable growing
- Life skills—Learning to drive, Event planning, Young Enterprise, Massage,
- Creative arts—Woodwork, Photography, Drawing, Knitting, Dress making
- Learning & collecting—History of art, Coins, Astronomy
- Media & Communication—Journalism, Film making, Writing, Newspaper & magazine production

## Residential (Gold Only)

- Service to others—Assisting at a summer camp for Brownies, Teaching English overseas, Helping deaf blind young people enjoy a holiday
- Environment and conservation—Join a tree planting project, Doing dry stone walling, Helping a preservation team
- Learning—Undertaking a cookery course, learning to snowboard, Doing a photography course
- Activity based—Going white water rafting, Joining a history re-enactment,

# Cost

	<b>Deposit - Friday 18th October</b>	<b>Balance - Added to Lent term bill Monday 6th January</b>	<b>Total</b>
Bronze	£50	£200	£250
Silver	£50	£335	£385
Gold	£50	£400	£450

## What's Included?

- DofE enrolment fee and start up pack
- Training and supervision by qualified staff at Princethorpe and Peak Pursuits Instructors
- Transport
- Group kit - tents, stoves and fuel
- Campsite fees
- Personal kit available to borrow:
  - Waterproofs - Rucksack - Sleeping bag and mat

You will need to provide food, walking boots and appropriate clothing.

## **Refund details, if your child is forced to withdraw from the scheme**

Refund to 14 February 2020 50%	Refund to 22 May 2020 20%
--------------------------------	---------------------------



# Insurance

- Covered by the school's travel insurance – full details on the *Parent Portal*.
- We will not make claims for items such as laptops, PDAs, smartphones and cameras and other expensive personal possessions under the travel insurance as we wish to maintain our claim record.
- The school recommends that pupils do not take items of value
- Note that this is classed by the insurance company as a course rather than a trip so the amount of any claim for medical reasons will be very limited. A claim cannot be made for any element of the scheme already completed and can only relate to transport.
- Pre-existing medical conditions are covered provided that the travel is not against doctor's orders. We recommend that, if a pupil does has a pre-existing condition which a parent may be worried about, that they seek their doctor's permission to travel (preferably in writing).

## Expedition and Training Dates

Award	Phase of award	Location	Dates
<b>B, S, G</b>	<b>Deadline for Enrolment</b>		Fri 18 October 2019
<b>B, S, G</b>	<b>Deadline for Completion of eDofE Programme Planners</b>		Wed 18 December 2019
<b>Bronze</b>	<b>Training</b>	Princethorpe College	Within curriculum time
	<b>Practice Expedition</b>	Princethorpe. Local Area.	<b>Group A</b> - Sat 18 April, 9am – Sun 19 April 2020, 4pm. <b>Group B</b> – Sat 25 April, 9am – Sun 26 April 2020, 4pm.
	<b>Review and route planning</b>	Princethorpe College - The Limes	Sun 3 May 2020 <b>Group A</b> – 9am -12 noon <b>Group B</b> – 1 - 4pm.
	<b>Qualifying Expedition</b>	Cotswolds	<b>Group A</b> - Sat 20 June, 7.30am – Sun 21 June 2020, 5pm <b>Group B</b> – Sun 28 June, 7.30am – Mon 29 June 2020, 5pm.
<b>Silver</b>	<b>Training</b>	Princethorpe College - The Limes	Sat 25 and Sun 26 January 2020, 9am -4pm.
	<b>Practice Expedition</b>	Peak District - White Peak	Fri 17 April, 4pm – Sun 19 April 2020, 7pm.
	<b>Review and route planning</b>	Princethorpe College - The Limes	Mon 4 May 2020. 4.30 – 7.30pm.
	<b>Qualifying Expedition</b>	Peak District - Dark Peak	Fri 26 June, 6.30am – Sun 28 June, 2020, 6pm.
<b>Gold</b>	<b>Training</b>	Princethorpe College - The Limes	Fri 24 January, 4.30 - 9pm and Sat 25 January 2020, 9am-1pm.
	<b>Practice Expedition</b>	Lake District	Sat 28 March, 12 noon – Tues 31 March 2020, 8pm.
	<b>Review and route planning</b>	Princethorpe College - The Limes	Mon 4 May 2020. 4.30 – 7.30pm.
	<b>Qualifying Expedition</b>	Snowdonia	Sat 20 June 11am – Wed 24 June, 2020, 9pm.

**\*Please note that in order to complete the award attendance on the above dates is mandatory for all participants**

## Signing Up and Starting the Award

I hope you have found this booklet informative. The next steps are as follows:

- Please complete and return the **enrolment form** attached with the **deposit cheque** made payable to **Princethorpe College** and return to **Mr Bower** by **Friday 18th October**.
- Alternatively return the enrolment form but pay the deposit directly into the Princethorpe account ref: *SurnameDofEB/S/G*  
HSBC Sort Code: 40-18-17      Account No: 82689111
- The balance payment will be added to the Lent term bill.
- Once enrolment forms and monies have been received starter packs and eDofE accounts will be issued.

Please make a note of the all important Expedition and Training dates opposite. We look forward to assisting your child in setting up their DofE programme and helping them to achieve their Award.

Many thanks,

Will Bower  
*Head of Outdoor Education*  
*DofE Manager*  
*willbower@princethorpe.co.uk*

Jan Ryalls *Bronze Co-ordinator*  
*janryalls@princethorpe.co.uk*  
Julia Lindsay *Silver Co-ordinator*  
*julialindsay@princethorpe.co.uk*

